



# MAY · JUN · JUL · AUG 2015

## 4-MONTH SCHEDULE

MAY

|  |                                   |  |            |  |
|--|-----------------------------------|--|------------|--|
| CLASSES  | BLACK Belt<br>BROWN Belt          | <b>Chiang Hsu Lian Hsi</b> — <i>Practice of the Spear Fighting Techniques</i><br><b>Hai Loong Chang</b> — <i>Sea Dragon Cane</i> |            |  |
| Sr. BLACK  | BLACK & BROWN                     | <b>Chen Tai Chi</b> — <i>9th Generation "Old Frame" 83 Posture Form</i>  | Sat<br>Wed | 8 - 9 AM<br>8:30 - 9 PM                  |
| Sr. BLACK  | BLACK & BROWN                     | <b>Hua To Live</b> — <i>5 Animal Play Chi Kung</i>   | Tues/Wed   | 8:30 - 9 PM                              |
| <b>FESTIVAL*</b>   | WHITE Belts and up                | <b>Hou Tien Chi</b> — <i>Breathing &amp; Meditation, Marrow Washing, Brain Nourishing</i>  | Sat        | May 9 11 AM - 4 PM                       |
| *** DENVER, CO - ANNUAL SENIOR BLACK TEST & FESTIVAL *** |                                   |  |            |  |
| FESTIVAL<br>TEST   | WHITE Belts and up<br>BLACK Belts | <b>Mi Zhong Ch'uan</b> — <i>Lost Track Fist</i><br>Black Belt Test   | Sat<br>Sun | May 16 9 AM - 5 PM<br>May 17 9 AM - 1 PM |
| <b>FESTIVAL*</b>   | WHITE Belts and up                | <b>Yin/Yang Stretching &amp; Conditioning</b> — <i>Positive and Negative Training</i>  | Thurs      | May 21 7:30 - 10 PM                      |

JUN

|                  |                                  |   |            |  |
|------------------|----------------------------------|---|------------|--|
| CLASSES          | BLACK Belt (Brown)<br>BROWN Belt | <b>Street Survival</b> — <i>Glove Sparring</i><br><b>Se Pa Kuen</b> — <i>Single Ended Staff</i> |            |  |
| Sr. BLACK        | BLACK & BROWN                    | <b>Chen Tai Chi</b> — <i>9th Generation "Old Frame" 83 Posture Form</i>                         | Sat<br>Wed | 8 - 9 am<br>8:30 - 9 PM                    |
| <b>FESTIVAL</b>  | WHITE Belts and up               | <b>Ying Jow Na</b> — <i>Eagle Claw</i>  | Tues       | Jun 16 7:30 - 10 PM                        |
| FESTIVAL         | WHITE Belts and up               | <b>Shao-Lin U Hsing Chuan</b> — <i>Original Shao-lin 5 Animal Form</i>                          | Sat<br>Sat | Jun 20 12 - 2:30 PM<br>Jun 27 12 - 2:30 PM |
| <b>FESTIVAL*</b> | WHITE Belts and up               | <b>San He' Chi'en</b> — <i>Iron Shirt Training</i>  | Tues       | Jun 30 7:30 - 9:30 PM                      |

JUL

|  |                                  |  |      |                                  |
|--|----------------------------------|--|------|----------------------------------|
| CLASSES  | BLACK Belt<br>BROWN Belt         | <b>Luo Chia Chiang</b> — <i>Luo Family Spear</i><br><b>Kwan Kung Tao</b> — <i>General Kwan's Long Knife</i>                      |      |                                  |
| Sr. BLACK  | BLACK & BROWN                    | <b>le Lu Hua Chien</b> — <i>1st Road of Hua Mountain Fist</i>  | Sat  | 8 - 9 AM                         |
| <b>HOLIDAY</b>   |                                  | <b>No Classes</b> — <i>Happy Independence Day!</i>   | Sat  | Jul 4                            |
| <b>FESTIVAL*</b>   | WHITE Belts and up               | <b>Down &amp; Ground</b> — <i>Sweeps and Takedowns</i>   | Sat  | Jul 11 12:30 - 2:30 PM           |
| PRE-TEST   | BROWN Belts                      | <b>Brown Belt Pre-Test</b> , Black Belt Panel required   | Tues | Jul 14 7:30 - 10 PM              |
| *** COLORADO SPRINGS, CO - ANNUAL ELDER MASTER VISIT *** |                                  |  |      |                                  |
| TEST<br><b>FESTIVAL</b>                                  | ALL levels<br>WHITE Belts and up | Black Belt Pre-test; Brown, Lower, Tai Chi Test<br><b>Tang Lang Tse Sua Ch'ien</b> — <i>7-Star Mantis "Pick &amp; Play" Fist</i> | Sat  | Jul 25 9 AM - 12 PM<br>12 - 4 PM |

AUG

|  |  |   |            |  |
|--|--|---|------------|--|
| CLASSES  | BLACK Belt<br>BROWN Belt                         | <b>Tai Chi / Pa Kua</b> — <i>Sticky Hands Sparring &amp; Posture Application</i><br><b>Yeh Ch'an Pa Feng Tao</b> — <i>8-Directional Night Battle Broadsword</i> |            |  |
| Sr. BLACK  | BLACK & BROWN                                    | <b>Chue' Chiang</b> — <i>8 Immortals Drunken Spear</i>  | Sat<br>Wed | 8 - 9 AM<br>8:30 - 9 PM                      |
| Sr. BLACK  | BLACK & BROWN                                    | <b>Ar Lu Hua Chien</b> — <i>2nd Road of Hua Mountain Fist</i>   | Tues/Wed   | 8:30 - 9 PM                                  |
| *** SALT LAKE CITY, UT - ANNUAL ELDER MASTER VISIT ***   |  |   |            |  |
| <b>FESTIVAL</b>  | WHITE Belts and up                               | <b>Classical Dragon Pa Kua</b> — <i>Taoist Internal Fighting System</i>   | Sat        | Aug 15 11 AM - 5 PM                          |
| <b>FESTIVAL</b>  | WHITE Belts and up                               | <b>Shao-Lin Double Butterfly Swords</b> — <i>Fukien 8 Slashes 36 Posture Form</i>   | Sat        | Aug 22 12 - 3 PM                             |
| PRE-TEST   | BROWN Belts                                      | <b>Brown Belt Pre-Test</b> , Black Belt Panel required  | Tues       | Aug 18 7:30 - 10 PM                          |
| *** DENVER, CO - ANNUAL SENIOR BLACK TEST & FESTIVAL *** |  |   |            |  |
| TEST<br>TEST<br>FESTIVAL                                 | BLACK Belts<br>BLACK Belts<br>WHITE Belts and up | Black Belt Pre-test<br>Brown Belt Test<br><b>TBA</b>  | Sun        | Aug 30 8 - 11 AM<br>11 AM - 1 PM<br>2 - 8 PM |

\* Eligible for the Foundational Festival Package (AKA Brown Belt Festival Package)